**I**

**S**

**S**

**A**

**C**

**E**

**R**

**T**

**I**

**F**

**I**

**E**

**D**

***The***

***World Leader In***

***Fitness Cerification***

***Since 1988***

***International Sports Sciences Association***



STRONGER. LIGHTER.

|  |  |  |  |
| --- | --- | --- | --- |
| **InBody 230 - Composition Analysis** | | |  |
| Non-Clients | | | $35 / scan |
| Existing Clients | | | $25 / scan |
| 1 Month Certified Contract | | | $25 / scan |
| 3 Month Certified Contract | | | $20 / scan |
| 6 Month Certified Contract | | | $15 / scan |
| Elite And Master Contract | | | FREE |
| **1 Hour 1-on-1 Personal Training** | Certified Trainer | Elite  Trainer | Master Trainer |
| Consultations | Free | Free | Free |
| Single Session | $59 | $69 | $79 |
| 1 Month | $39 | $49 | $59 |
| 3 Months | $34 | $44 | $54 |
| 6 Months | $29 | $39 | $49 |
| **30 Minute 1-on-1 Personal Training** | Certified Trainer | Elite  Trainer | Master Trainer |
| Single Session | $43 | $53 | $63 |
| 1 Month | $28 | $38 | $48 |
| 3 Months | $25 | $35 | $45 |
| 6 Months | $22 | $32 | $42 |
| **Classes** | | |  |
| Drop-In (Beats/Kickboxing) | | | $15 |
| 5 class pass (Beats/Kickboxing) | | | $60.00 |
| Drop in (HIIT) | | | $12.00 |
| 5 class pass (HIIT) | | | $50.00 |
| Unlimited Monthly HIIT | | | $75 per month |
| Flash Yoga 30 minutes | | | $7.50 |
| **Nutrition Plans** | | |  |
| One Time Nutrition Plan | | | $299 |

Titanium Fitness, 235 North Wolcott, Casper, WY 82601

307-262-4849 www.titaniumfitnesstrainer.com